chocolate chip cookies

Makes: 5 dozen

Prep and Cook time: 25 min

Per serving: 110 calories, 7g fat, 85 mg sodium

2 1/4 cups all-purpose flour

3/4 cup granulated sugar3/4 cup packed brown sugar

2 cups semi-sweet chocolate chips

1 tsp baking soda

1 tsp vanilla extract

1 cup chopped nuts (optional)

1 tsp salt

2 large eggs

1 cup (2 sticks) butter, softened

- 1. Preheat oven to 375°F. Line a cookie sheet with parchment paper or lightly grease the cookie sheet.
- 2. Combine flour, baking soda, and salt in small bowl.
- 3. Beat butter, granulated sugar, brown sugar and vanilla extract in large mixer bowl until creamy. You can also do this by hand with a pastry cutter or forks. Add eggs, one at a time, beating well after each addition. Gradually beat in flour mixture. Stir in morsels and nuts.
- 4. Drop by rounded tablespoon onto ungreased baking sheets.
- 5. Bake for 9 to 11 minutes or until golden brown. Cool on baking sheets for 2 minutes; remove to wire racks to cool completely.

You can use these cookies to make ice-cream sandwiches. Slightly thaw your favorite flavor ice cream, spread about one cup of the ice cream on top of one cookie and place a second cookie upside down on top of the ice cream. Chill 1 hour before serving.

