

# taco popcorn

Serves: 6-8

Prep and Cook time: 5 min

Per serving: 79 calories, 7 g fat,  
1 mg sodium

8 cups popped pop-  
corn

3 TBS butter; melted

2 tsp taco seasoning  
mix, or more to taste

1. Place the popcorn in a large bowl.
2. In a small bowl, mix together the butter and taco seasoning (start with 1 tsp and taste before adding more).
3. Drizzle over the popcorn and toss to coat thoroughly.  
Serve immediately.

Vary It! To make delicious Chili Cheese Popcorn, take 2 TBS melted butter, add 1/2 tsp chili powder, 1/2 tsp garlic salt, 1/4 tsp onion powder, and mix in 8 cups popped popcorn. Serve sprinkled with finely grated Parmesan cheese.

To make something sweeter, take 2 tsp of sugar and 2 tsp of cinnamon and mix in a bowl with 2 TBS of melted butter. Mix in 8 cups of popped popcorn and enjoy!

